Wave 2025

DR EMILY WOODMAN-PIETERSE

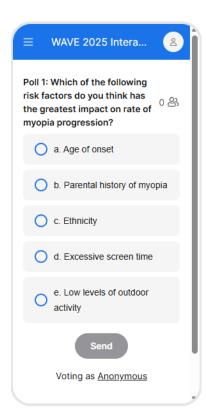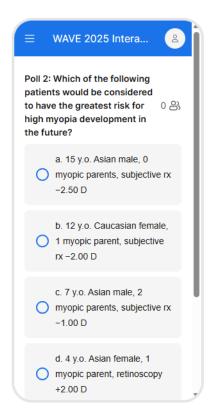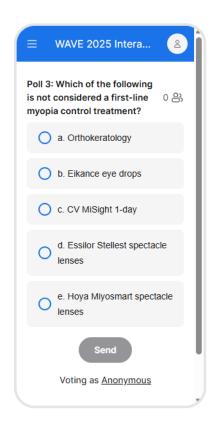**DAY 2 – Session5 – Interactive Polls using Slido with Dr Emily Woodman-Pieterse**

Advance preview for your reference only – You will need to answer each when Slido is live during Emily's presentation. Questions only appear when Emily is on that slide.

WAVE 2025 Intera...

Poll 1: Which of the following risk factors do you think has the greatest impact on rate of myopia progression? 0

- a. Age of onset
- b. Parental history of myopia
- c. Ethnicity
- d. Excessive screen time
- e. Low levels of outdoor activity

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WAVE 2025 Intera...

Poll 2: Which of the following patients would be considered to have the greatest risk for high myopia development in the future? 0

- a. 15 y.o. Asian male, 0 myopic parents, subjective rx −2.50 D
- b. 12 y.o. Caucasian female, 1 myopic parent, subjective rx −2.00 D
- c. 7 y.o. Asian male, 2 myopic parents, subjective rx −1.00 D
- d. 4 y.o. Asian female, 1 myopic parent, retinoscopy +2.00 D

WAVE 2025 Intera...

Poll 3: Which of the following is not considered a first-line myopia control treatment? 0

- a. Orthokeratology
- b. Eikance eye drops
- c. CV MiSight 1-day
- d. Essilor Stellest spectacle lenses
- e. Hoya Miyosmart spectacle lenses

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WAVE 2025 Intera...

Poll 4: Which of the following spectacle lens options is considered most effective for slowing myopia progression? 0

- a. Antifatigue lenses
- b. Blue-blocking coating
- c. Undercorrection (by +0.50 to +0.75 D)
- d. Short corridor progressive addition lenses (+1.50 add)
- e. Executive bifocals (+2.00 add)

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WAVE 2025 Intera...

Poll 5: 8 y.o. male returns for 6/12 review after starting 0.025% atropine. Myopia has increased by −0.50 D and axial length by +0.20 mm in each eye. Which is the least appropriate management plan? 0

- a. Continue 0.025% atropine, rv in 6/12 to reassess progression
- b. Increase to 0.05% atropine, update SVD, rv 6/12
- c. Increase to 0.05% atropine, update to Stellest lenses, rv 6/12
- d. Continue 0.025% atropine, combine with

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